



270 Main Street  
Hackensack, NJ 07601  
201.488.7776



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## Hot Drinks

	Small	Medium	Large
<b>Coffee</b>	\$1.29	\$1.59	\$1.79
<i>House Blend (Reg or Decaf), French Roast, French Vanilla or Hazelnut</i>			
<b>Box of Joe</b>	10 small cups		\$13.49
<b>Espresso</b>	Single \$1.49	Double \$1.49	
<i>The Finest Italian roast coffee brewed to perfection</i>			
<b>Cappuccino</b>	\$2.45	\$2.95	\$3.25
<i>A frothy blend of coffee &amp; steamed milk</i>			
<b>Caffe Latte</b>	\$2.45	\$2.95	\$3.25
<i>Italian roast espresso beans available with coffee flavoring sauces</i>			
<b>Hot Mocha Chino</b>	\$2.55	\$3.15	\$3.45
<i>Blend chocolate sauce with espresso coffee &amp; frothy steamed milk</i>			
<b>Chai Latte</b>	\$2.55	\$3.15	\$3.45
<i>A unique blend of chai tea, spices &amp; milk</i>			
<b>Regular &amp; Flavored Teas</b>	\$1.45	\$1.65	\$1.90
<i>Featuring Numi organic tea in a variety of flavors</i>			

## Cold Drinks

	Small	Med.	Large
<b>Iced Coffee or Tea</b>	1.69	1.99	2.29
<i>The iced version of our signature coffee &amp; teas</i>			
<b>Frappe Freeze</b>	3.45	4.25	4.95
<i>Green Tea, Kona Mocha, Vanilla, Caramel, Chocolate Mint &amp; Original Coffee</i>			
<b>Crunch Coffees</b>	3.65	4.35	4.95
<i>Available in Coffee Taffee, Cookies-N-Cream, Chocolate Chunk &amp; Toasted Coconut</i>			
<b>Skinny Coffee Freeze</b>	3.65	4.35	4.95
<i>Low-fat/ low-sugar/ low-calories Mocha, Chocolate, Coffee &amp; Vanilla</i>			
<b>Water</b>	1.29		
<b>Smoothies</b>	3.75	4.75	

*A delicious way to meet your daily fruit intake.*  
Available in Mango Madness, Strawberry Banana & Java Wild Berry, Pina Colada



270 Main Street  
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Fax: 201.488.7740

*Fresh Muffins Baked on Premises*



Gourmet Coffee  
Gourmet Muffins  
Specialty Sandwiches  
Soups & Salads  
Desserts



Free Delivery  
in Hackensack  
for Lunch



Store Hours:

Mon - Fri. 7am to 5:30pm / Sat. 7:30am to 4pm

FREE Wi-Fi Available Here

*Where You Go For A Fresh Start*

## Gourmet Muffins

Gourmet muffins baked fresh daily right on premises

Single Muffin \$1.59

Available in a variety of flavors

Half Dozen *Mix & match your favorites!* \$7.99

Muffins \$1.09

The muffin top version of your regular muffins

Six Pack *Mix & match your favorites* \$4.45

## Additional Goodies

Homemade Cookies \$1.00

Available flavors may vary daily

Brownies, Crumcakes & Lemon Loaf Cake starting at \$1.59

## Pastries & Cakes

Other Grab & Go Selections: Homemade yogurt parfaits, fruit salads & rice pudding

## Breakfast Sandwiches

Bagel with Butter \$1.25

Bagel with cream Cheese \$1.75

2 Eggs & Cheese on a Roll \$2.85

2 Eggs & cheese on a Roll \$3.95

With Bacon, Ham or Sausage

Eastern Omelet \$3.95

Healthy Egg Whites \$2.85

Healthy Eggs White Omelet \$3.95

With Spinach, Kalamata Olives & Fresh Mozzarella

Choice of Bread

Bagel add \$.50 Croissant add \$.75 Extra Egg \$1.00

## Wrap Selection

Low fat Turkey & Swiss Cheese \$4.95

Fresh turkey breast with Swiss cheese and crisp leaf romaine on plain tortilla wrap

Low-Fat Tuna \$4.95

Homemade tuna mixed with bell peppers, celery, salt & pepper on a tortilla wrap

Chicken Caesar Wrap \$4.95

Grilled chicken breast with chopped romaine, parmesan cheese, croutons mixed with Caesar dressing.

Traditional Tuna Wrap \$4.95

Teriyaki Chicken Wrap \$4.95

Mediterranean Chicken Wrap \$4.95

Chicken Salad on Wrap \$4.95

## Soups

Choices of Homemade Soups du Jour Specials \$2.95

A Sample Of Our Muffin Flavors:  
Blueberry, Cranberry  
Very Berry, Pistachio  
Georgia Peach, Raspberry  
Cm. Banana Nut  
Pina Colada, Black Forest  
Chocolate Chip  
Crazy Cinnamon,  
Hawaiian Delight,



## Signature Panini Sandwiches

Choice of bread: panini, roll or wrap / \*Served with chips & pickle\*

Chicken Panini \$5.95 Smoked Turkey Panini \$5.95

Grilled chicken breast, tomatoes, mixed Oven roasted turkey breast, mozzarella, tomatoes roasted peppers, sun dried tomato pesto.

Prosciutto Panini \$5.95 Mushroom Panini \$5.95

Prosciutto d'aspina with fresh mozzarella, mushrooms, red pepper & basil pesto. Mushrooms, fresh mozzarella, sun dried tomatoes, onions, peppers & basil pesto.

Tuna Panini \$5.95

Tuna, capers, basil pesto, sun dried tomatoes & mozzarella.



## Specialty Sandwiches

Rosemary Turkey Focaccia \$5.95

Grilled Chicken Focaccia \$5.95 Traditional Tuna on

Gourmet Personal Pizza \$5.95 Multi Grain Baguette \$4.95

Quesadillas \$5.95 Smoked Turkey on

Grilled Chicken Croissant \$4.95 French Baguette \$4.95

Grilled Chicken Fresco \$4.95 Fresh Mozzarella

Focaccia \$5.95

## Salads

Low Fat Caribbean Tuna Salad \$5.95 Caesar Salad \$4.50

Grilled Chicken Mescalun Salad \$5.95 Romaine lettuce, croutons, grape

Oriental Spinach Chicken Salad \$5.95 Tomatoes & parmesan cheese. Topped

Greek Salad \$4.95 With your choice of either tuna, grilled

Spinach Salad \$4.95 More Than Mozzarella \$5.95

Crisp Spinach, Focaccia croutons, Spring Mix Leaf Lettuce, Fresh Mozzarella,

Artichokes hearts, tomatoes topped Hass Avocado, Toasted Pine Nuts, Basil,

with capers, blue cheese & olives. Tomatoes, Olives & vinaigrette Dressing.

No Bread Mezze \$5.95

Spring Mix Leaf Lettuce, Hummus, Cucumber, Peppers & Roasted Pine

nuts, with Olive oil vinaigrette dressing.



## Create Your Salad Bar

STEP 1: Choose Your Salad \* Small \$2.75 + Toppings \* Large \$3.75 + Toppings

STEP 2: Choose Your Toppings

30- each: Chick peas, sweet corn, bell peppers, hard-boiled egg, broccoli, cucumber, raisins, carrots, mushrooms, sweet peas, kidney beans, jalapenos, sprouts, pasta, green olives, sliced beets, sunflower seeds, Kalamata olives, walnuts, cherry tomatoes, Mandarin oranges, cheddar cheese, bacon bits  
75 each: Sun-dried tomatoes, tofu, baby mozzarella, artichoke hearts, cranberries, almonds, baby corn, feta cheese, blue cheese  
1.00 each: Grilled chicken, avocado, low-fat tuna, tuna salad, roasted turkey, ham, real bacon  
Free: Red onion, croutons, scallions, parmesan, celery.

STEP 3: Choose of Dressing available  
Golden Italian, Creamy Caesar, Balsamic, Vinegar Ranch, Red Wine Vinaigrette, Honey Mustard, Sesame Thai, Thousand Island Tomato Basil  
Lite dressings  
Raspberry Vinaigrette, Cranberry Walnut, Sun Dried Tomatoes & Italian.

Muffin

&

Med. Coffee

\$2.99

Must present coupon at time of ordering. Not valid with other offers. Offer expires 10/31/2008

2 Egg & Cheese

+ Small Coffee

\$2.99

Must present coupon at time of ordering. Not valid with other offers. Offer expires 10/31/2008

\$4.99

ANY

SANDWICH

Must present coupon at time of ordering. Not valid with other offers. Offer expires 10/31/2008

\$1 Off Any Lunch Item

Must present coupon at time of ordering. Not valid with other offers. Offer expires 10/31/2008